

Active Listening is like a good Pizza...



When you say, "I can hear you";  
that's just the Sauce!

Let's make a "Listening Pizza", from scratch.

**Step #1:** "The Crust" is **Eye Contact** = You have my attention.

**Step #2:** Add Sauce = **Hear** to the best of your ability.

**Step #3:** Cheese, please! = **Sit Quietly, Still**...Empty  
Hands/Laps, *(No Talking, Writing, Texting...)*



**Step #4:** Add Toppings = **Appropriate Body Language**  
*(Posture, Facial Expression...)*



**No matter how you top it, it takes all 4 Steps or you're not listening!**